



THE STRENGTH OF EXPERIENCE

Welcome to Mountain Valley Orthopedics

Our doctors at Mountain Valley Orthopedics are leading orthopedic providers in East Stroudsburg, Tobyhanna, Brodheadsville, and the surrounding areas. Offering compassionate, specialized treatment for bone, joint, and muscle injuries and conditions, Mountain Valley Orthopedics' doctors and staff are the experienced leaders in providing you exceptional orthopedic care.

Our Doctors

Frederick J. Barnes, M.D.	Gregory J. Menio, M.D.	Laszlo Szollas, M.D.
Maurizio Cibischino, M.D.	John A. Paglia, M.D.	Allister R. Williams, M.D.
Roger Componovo, M.D.	Brian A. Powers, M.D.	Kimberly S. Yarnall, D.C.
Patrick R. McDonald, D.P.M.	George A. Primiano, M.D.	

Our Locations

East Stroudsburg
600 Plaza Court C
East Stroudsburg, PA 18301
(570) 421-7020

Tobyhanna
100 Community Drive
Suite 210
Tobyhanna, PA 18466
(570) 421-7020

Brodheadsville
120 Burrus Boulevard
Suite 120
Brodheadsville, PA 18322
(570) 421-7020

	Ankle	Back	Chiropractic	Elbow	Foot	General Ortho.	Hand	Hip	Knee	Neck	Pain Management	Podiatry	Shoulder	Spine	Sports Medicine	Total Joint R & R	Wrist	East Stroudsburg	Tobyhanna	Brodheadsville
Barnes	•	•		•	•	•	•	•	•	•			•	•	•		•	•	•	
Cibischino	•	•		•	•	•	•	•	•	•			•	•	•		•	•	•	
Componovo	•	•		•	•	•	•	•	•	•			•	•	•	•	•	•	•	•
McDonald	•				•							•						•	•	•
Menio	•	•		•	•	•	•	•	•	•			•	•	•		•	•	•	•
Paglia	•	•		•	•	•	•	•	•	•			•	•	•		•	•	•	•
Powers	•	•		•	•	•	•	•	•	•			•	•	•		•	•	•	•
Primiano	•	•		•	•	•	•	•	•	•			•	•	•		•	•	•	•
Szollas											•							•		•
Williams	•	•		•	•	•	•	•	•	•			•	•			•	•	•	•
Yarnall			•															•		



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ANKLE • BACK • CHIROPRACTIC • ELBOW • FOOT • GENERAL ORTHOPEDICS • HAND • HIP • KNEE • NECK
 PAIN MANAGEMENT • PODIATRY • SHOULDER • SPINE • SPORTS MEDICINE • TOTAL JOINT REPLACEMENT & REVISION • WRIST